

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Blue	Volunteering Activities Assisting with projects in the community, for example: <ul style="list-style-type: none"> Assisting in care homes Supporting environmental projects Volunteering in charity shops School events Mentoring younger pupils Animal Care Fundraising for charity Food banks and soup kitchens Local clubs and sports teams. 	Volunteering continued with Physical Activity Explore an individual sport activity (boxing, climbing, martial arts). Setting individual goals Improve individual fitness. Sports specific coaches Benefits of physical activity Participating at a Specialist Centres Evaluation & Review On site alternative in case of trip cancellations.	Skills Activity Learn a new skill (Art), for example: <ul style="list-style-type: none"> Screen printing. Ceramics and pottery Woodwork Metal Glass blowing Pottery painting Textiles Jewellery making Street Art (Mural Design) Candle making Crocheting Fabric printing Floral decoration Furniture restoration Glass painting Leather work Mosaic Patchwork Photography 	Skills activity continued with Physical Activity Explore a fitness activity (aerobics, gym, walking yoga). Setting individual goals Improve individual fitness. Trained fitness coaches Benefits of physical activity Participating at a Specialist Centres Evaluation & Review On site alternative in case of trip cancellations.	Expedition Skills (Hiking, Exploring, Orienteering) Exploring the local area Exploring areas of the Peak District Map reading (compass skills, route cards) Orienteering Outdoor safety and survival Stoves safety and using a Trangia Preparing food Pitching tents Packing and carrying rucksacks Basic first aid lessons will be developed onsite.	Forest Skills plus Option (Outdoor adventurous sports) Water Sports (Canoeing, kayaking, paddleboarding) Mountain biking Horse riding Ice Skating Qualified coaches Participating at a Specialist Centre Expedition for year 9 pupils: 2 days / 1 night
	Skills: (3 months) 8 weeks + 7 weeks	Skills: (3 months) 8 weeks + 7 weeks	Volunteering – Peer Support in the School Community: (3 months) 6 weeks + 5 weeks	Volunteering – Peer Support in the School Community: (3 months) 6 weeks + 5 weeks	Physical: Outdoor Adventure (3 months): 5 weeks + 7 weeks	Physical: Outdoor Adventure (3 months): 5 weeks + 7 weeks

Green	<p>Volunteering Activities</p> <p>Assisting with projects in the community, for example:</p> <ul style="list-style-type: none"> Assisting in care homes Supporting environmental projects Volunteering in charity shops School events Mentoring younger pupils Animal Care Fundraising for charity Food banks and soup kitchens Local clubs and sports teams. <p>Skills: (3 months) 8 weeks + 7 weeks</p>	<p>Volunteering continued with Physical Activity</p> <p>Explore an individual sport activity (boxing, climbing, martial arts). Setting individual goals Improve individual fitness. Sports specific coaches Benefits of physical activity Participating at a Specialist Centres Evaluation & Review</p> <p>On site alternative in case of trip cancellations.</p> <p>Skills: (3 months) 8 weeks + 7 weeks</p>	<p>Skills Activity</p> <p>Learn a new skill (Art), for example:</p> <ul style="list-style-type: none"> Screen printing. Ceramics and pottery Woodwork Metal Glass blowing Pottery painting Textiles Jewellery making Street Art (Mural Design) Candle making Crocheting Fabric printing Floral decoration Furniture restoration Glass painting Leather work Mosaic Patchwork Photography <p>Volunteering – Peer Support in the School Community: (3 months) 6 weeks + 5 weeks</p>	<p>Skills activity continued with Physical Activity</p> <p>Explore a fitness activity (aerobics, gym, walking yoga). Setting individual goals Improve individual fitness. Trained fitness coaches Benefits of physical activity Participating at a Specialist Centres Evaluation & Review</p> <p>On site alternative in case of trip cancellations.</p> <p>Volunteering – Peer Support in the School Community: (3 months) 6 weeks + 5 weeks</p>	<p>Expedition Skills (Hiking, Exploring, Orienteering)</p> <p>Exploring the local area Exploring areas of the Peak District Map reading (compass skills, route cards) Orienteering Outdoor safety and survival Stoves safety and using a Trangia Preparing food Pitching tents Packing and carrying rucksacks</p> <p>Basic first aid lessons will be developed onsite.</p> <p>Physical: Outdoor Adventure (3 months): 5 weeks + 7 weeks</p>	<p>Forest Skills plus Option (Outdoor adventurous sports)</p> <p>Water Sports (Canoeing, kayaking, paddleboarding) Mountain biking Horse riding Ice Skating Qualified coaches Participating at a Specialist Centre</p> <p>Expedition for year 9 pupils: 2 days / 1 night</p> <p>Physical: Outdoor Adventure (3 months): 5 weeks + 7 weeks</p>
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Half Termly Career Focus

	HT1	HT2	HT3	HT4	HT5	HT6
Blue	Charity Worker	PE Teacher	Sculptor	Fitness Instructor	Outdoor education teacher	Outdoor Activity Instructor
Green	NGO (Non-government organisations)	Facility manager	Museum/gallery educator	Personal Trainer	Armed forces	Adventure tourism guide
Specific career opportunities each half term will be focused around the activity that the pupils are completing and places that they will be visiting.						

Subject Specific Trip Schedule

HT1	HT2	HT3	HT4	HT5	HT6
PSHRE	English	Art	Science	Maths	Food
Derbyshire Wildlife Trust Crowden Outdoor Education Centre Mount Cook Adventure Centre (Matlock) Heights of Abraham (Matlock) Blue John Cavern & Poole's Cavern (Castleton & Buxton area) Monsal Trail / High Peak Trail / Derwent Valley Heritage Way Fire station	Pantomime Theatres Haddon Hall (links to Shakespeare) Peveril Castle (creative writing) Dovedale / White Peak Literary Walk (descriptive writing)	Pottery painting Pottery painting Textiles Glass blowing Imperial War Museum (Manchester) Holocaust museum Yorkshire Sculpture Park Galleries (Buxton museum, the art house derby) Hardwick sculpture trail Derby lantern sculpture trail. Denby Pottery village craft studio	Magna Science adventure centre Kelham island museum Weston Park Museum Sheffield Botanical gardens Derbyshire wildlife trust (Carsington Water) Magpie Mine (Peak district) Poole caverns Buxton museum Chesterfield Observatory Chesterfield Mobile planetarium (WonderDome)	Kelham island museum Shephard wheel, workshop Chatsworth gardens Barrow Hill Roundhouse Poole Caverns Peak district (Monsal trail, Tissington trail)	Local bakeries Chocolate makers Farmyard Peak district dairy farm Fruit picking The school of artisan food